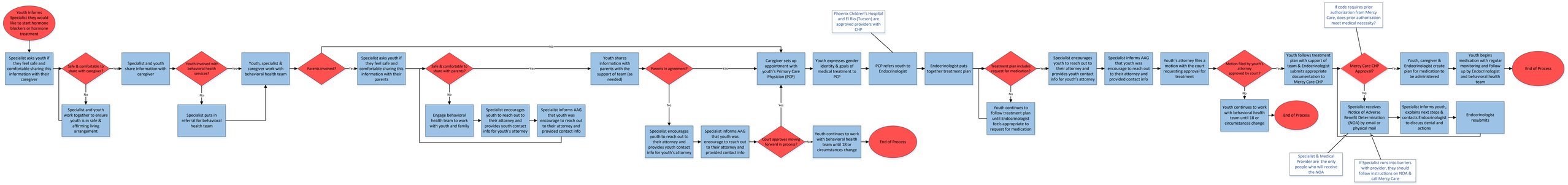Process for Youth Requesting Hormone Blockers or Hormone Treatment